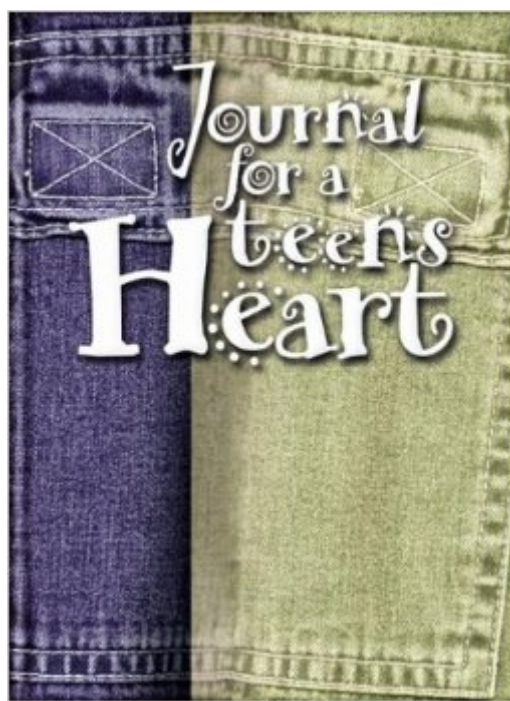


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# Journal For A Teen's Heart



## Synopsis

A companion to the teen books in the Stories for the Heart collection, this journal provides an inviting place to record special moments, secret thoughts, and surprising insights. Filled with inspirational thoughts and quotes specific to teen concerns, this diary of a teen's life experience and personal dreams will become a treasured keepsake and a record of growing up. Designed in concealed Y-row binding for easy, lay-flat use, Journal for a Teen's Heart is teen-friendly and comfortable for hours of writing, and includes questions to help teens draw out their thoughts and experiences. Repeated use creates a personal resource full of encouraging words about everyday life, friends, family, and faith.

## Book Information

Age Range: 12 and up

Series: Journal for a Teen's Heart (Book 1)

Spiral-bound: 160 pages

Publisher: Multnomah Books (July 27, 2000)

Language: English

ISBN-10: 1576737055

ISBN-13: 978-1576737057

Product Dimensions: 5.5 x 0.5 x 8.2 inches

Shipping Weight: 14.1 ounces

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #4,985,153 in Books (See Top 100 in Books) #94 in [Books > Children's Books > Activities, Crafts & Games > Activity Books > Diaries](#) #3139 in [Books > Teens > Religion & Spirituality](#) #27061 in [Books > Religion & Spirituality > Worship & Devotion > Inspirational](#)

## Customer Reviews

This a very good book/journal for teenage girls. It helps express the way you feel, with helpful hints. Alot of my friends own the book to and they all love it. They also say that it helps them with the so many emotions they have. It is really hard to be a teenager and not express your emotions/feelings. I believe that all teenage girls should have this because it helps so much you feel like a better person. Inside and Out. I Strongly recommend it to all of you guys it is wonderful!

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